CLIMBING PRO

How to Choose a Ladder

Know the Difference

Some workers might not realize the differences from one ladder to the next. Having the right ladder for the job is the safest way to

complete any task. Using the wrong ladder is externely dangerous as it often leads to ladder misuse or abuse and can result in serious injury or even death. To get an idea of some of the different ways that ladders are used, just think about all of the tasks you and the other professionals do. Most of them require the use of ladders of different styles, sizes, duty ratings, and materials.

Some of the questions that may help you to understand your needs include:

- Where will the ladder be used? Indoors or outdoors or both?
- · What projects or jobs will the ladder be used for?
- · Is there a possiblility of working around electricity or overhead power lines?
- How much weight will be on the ladder including tools and materials?
- What obstacles might be in the way?
- Will the ladder also be used to reach other heights?
- What is the highest height you need to reach?

Do's and Don'ts of Ladder Climbing



RIGHT

Properly set-up and use the ladder in accordance with safety instructions and warning. Wear shoes with nonslip soles.



RIGHT

Haul materials with a line rather than carry them up an extension ladder. Use extra caution when carrying anything on a ladder.



WRONG

DON'T stand above the second step from the top of a stepladder or the fourth rung from the top of an extension ladder.



DON'T climb a closed stepladder. DON'T climb on the back of a stepladder. DON'T stand or sit on a stepladder top or pail shelf.



RIGHT

Have another person help with a heavy ladder. Have another person hold the ladder while you are working on it.



WRONG

DON'T over-reach, lean to one side or try to move a ladder while on it. Climb down and then reposition the ladder closer to your work.

Additional Resources/Training are available Online www.wernerclimbingpro.com



